

## **Our Help: Part 2**

Written by Sarah LaGail Wyatt

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### **The Help We Need**

“Let us then fearlessly and confidently and boldly draw near to the throne of grace (the throne of God’s unmerited favour), that we may receive mercy [for our failures] and find grace to help in good time for every need [appropriate help and well-timed help, coming just when we need it].” – (Heb. 4:16 AMP)

No matter what immense challenge or trivial problem we face, the Lord has the help we need for everything. There is nothing too big or too small for God’s Help to come to our rescue. He is willing to help us with it all.

Hebrews 4:16 urges us to fearlessly, confidently, and boldly draw near to the throne of God’s Grace. It is there that we receive mercy for our failings and find help for every need – not an uncertain kind of help, but appropriate help, well-timed help, coming just when we need it.

Our failures do not bar us from God’s help. Refusal to repent when we fail is what disqualifies us from His assistance. When we draw near to Him and live dependent upon His grace, we will find His mercy and help for every need. Whether it is by a foolish mistake we have made, an outright attack of the devil, or what we think is a seemingly inevitable stroke of “fate” that put us in the situation we are in – we can receive the appropriate, well-timed help we need when we fearlessly and confidently draw near to the Throne of Grace.

It is the Lord who gives us help from trouble. Through God we receive the victory, for it is He who treads down our adversaries. (Ps. 60:11-12)

Our Help is in the Name of the Lord who made heaven and earth. (Ps. 124.8)

### **The Response Of Praise**

As we centre our focus and our expectancy upon the Lord and His intervention on our behalf, we will continue to experience His Help to greater and greater degrees in our life. In receiving His divine assistance, it is very important that we honour and appreciate His help all the way through our life. We should never take His help for granted. Instead, we should endeavour to treasure each and every encounter of His help and support, and express our gratitude to Him for what He has done.

The Psalmist said: “Because You have been my Help, therefore in the shadow of Your wings I will rejoice. My soul follows hard after You, and Your right hand upholds me.” (Ps. 63:7-8)

When we take into account the tremendous commitment the Lord has made to be Our Help, and we recall all the ways He has helped, delivered and brought us through, our hearts should be inspired to rejoice before Him.

There should never be a day that we forget that the Lord is Our Help. For each task of the day, for every challenge and circumstance, He is there to support, to strengthen, and to uphold us. At each moment He is ready to supply the answers and the direction we need for all that we face.

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As with the Psalmist, when we follow hard after the Lord, His right hand will uphold us. When we depend upon Him and recognize that He is Our Help at all times and in all things, we will surely receive the help we need, just when we need it. His involvement in our life makes all the difference.

When your heart is overwhelmed or you feel perplexed or helpless, let your cry be to Him. He will lead you to the Rock that is higher than anything – the Rock of His Refuge and Help. (Ps. 61:1-2)

We don't have to be help-less anymore. We have the best help and support we could ever hope for, to meet any and every need. The Lord is Our Help.

(To read Part 1, search by author/speaker for Sarah LaGail Wyatt, then search under articles for *Our Help: Part 1*)

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